

# **DIETARY SUPPLEMENT SAFETY ALERT!**

**If you are taking “body building” supplements containing these ingredients, stop doing so immediately!**

Since Nov 2009, the FDA has informed several dietary supplement companies of products it believes contain ingredients that are steroids.

As a result, approximately 100 “body building” supplements containing the following ingredients have been recalled:

**“superdrol”**

**“madol”**

**“tren”**

**“androstenedione”**

**“turinabol”**

# DIETARY SUPPLEMENT SAFETY ALERT!

**Contact your physician if you have/are taking supplements containing these ingredients and experience any side-effects associated with steroids.**

Harmful effects associated with steroid use:

*Acute liver injury*

*Shrinkage of the testes & male infertility*

*Breast enlargement in males*

*Masculinization of women*

*Short stature in children*

*Dyslipidemia*

*Increase risk of heart attack, stroke & death*

# DIETARY SUPPLEMENT SAFETY ALERT!

## Recalled Dietary Supplements

4Ever Fit D-Drol	BOSC Enterprises Epi-Tren
Advanced Muscle Science Dienedrone	BOSC Enterprises Magna Drol
Advanced Muscle Science Liquidrone	Bromodrol
Anabolic Formulation M1, 4AD	Chaparral Labs Pheravol
Anaolic Formulations 1, 4 AD	Chaparral Labs Pheravol-V
Anabolic Xtreme Hyperdrol X2	Competitive Edge Labs M-Drol
Anabolic Xtreme 3-AD	Competitive Edge Labs P-Plex
Anabolic Xtreme Hyperdrol X2	Competitive Edge Labs X-Tren
APS (aka Advanced Muscle Science) Mastavol	Diabolic Labs Epio-Plex
APS (aka Advanced Muscle Science) Revamp	Diabolic Labs Finabolic 50
APS (aka Advanced Muscle Science) Ultra Mass Stack	Diabolic Labs Revenge
APS (aka Advanced Muscle Science) Ripped Stack	Dual Action Grow tabs
BCS Labs Testra-Flex	Ergopharm 6-OXO
Better Body Sports Finadex	Ergopharm 6-OXO Extreme
Black China Labs Straight Drol	EST (aka Engineered Sports Technology) MethAnstance
Black China Labs Straight Phlexed	Extreme Labs Susto-Test Depot
Body Conditioning Solutions TestraFLEX	Fizogen ON Cycle II Hardcore
Bjorklund Methyltestosterone	G.E.T./(Genetic Edge Technologies) SUS-500

# DIETARY SUPPLEMENT SAFETY ALERT!

## Recalled Dietary Supplements

G.E.T./ (Genetic Edge Technologies) Tren-250

Gaspari Novedex XT

Gaspari Halodrol Liquigels

Grow Tabs

Hardcore Formulations T-Roid

I Force Nutrition 1,4 AD Bold 200

I Force Dymethazine/Reversitol Combo Pack

I Force Reversitol

Competitive Edge Labs P-Plex

Competitive Edge Labs X-tren

Diabolic Labs Epio-Plex

Diabolic Labs Finabolic 50

Diabolic Labs Revenge

Dual Action Grow tabs

Ergopharm 6-OXO

Ergopharm 6-OXO Extreme

EST (aka Engineered Sports Technology) MethAnstance

Extreme Labs Susto-Test Depot

Fizogen ON Cycle II Hardcore

G.E.T./ (Genetic Edge Technologies) SUS-500

G.E.T./ (Genetic Edge Technologies) Tren-250

Grow Tabs

Hardcore Formulations T-Roid

I Force Nutrition 1,4 AD Bold 200

I Force Dymethazine/Reversitol Combo Pack

I Force Reversitol

I Force Nutrition 17a PheraFLEX

I Force Nutrition Dymethazine

I Force Nutrition Methadrol

IDS (aka Innovative Delivery Systems) Bromodrol

IDS (aka Innovative Delivery Systems) Grow Tabs TR

IDS (aka Innovative Delivery Systems) Mass Tabs

IDS (aka Innovative Delivery Systems) Oxodrol Pro

IDS (aka Innovative Delivery Systems) Ripped Tabs TR

IDS (aka Innovative Deliver Systems) Rapid Release

Ripped Tabs

# DIETARY SUPPLEMENT SAFETY ALERT!

## Recalled Dietary Supplements

Kilo Sports Massdrol	Rage RV5
Kilo Sports Phera-Mass	Redefine Nutrition Finaflex 550-XD
Kilo Sports Trenadrol	Redefine Nutrition Finaflex Ripped
Mass Tabs	Ripped Tabs TR
Monster Caps Monster Caps	Transform Supplements Forged Extreme Mass
Myogeniz Spawn	Transform Supplements Forged Lean Mass
Nutra Coastal D-Stianozol	
Nutra Coastal H-Drol	
Nutra Coastal MDIT	
Nutra Coastal S-Drol	
Nutra Coastal Trena	
Performance Anabolics Methastradrol	
Performance Anabolics Tri-Methyl X	
Purus Labs E-pol Insilinsifed	
Purus Labs Nasty Mass	
Rage RV2	
Rage RV3	
Rage RV4	

# Anabolic Steroids are a Class III Controlled Substance!

The term anabolic steroid means any drug or hormonal substance, chemically and pharmacologically related to testosterone (other than estrogens, progestins, corticosteroids, and dehydroepiandrosterone), and includes:

3[beta],17-dihydroxy-5a-androstane  
3[alpha],17[beta]-dihydroxy-5a-androstane  
5[alpha]-androstan-3,17-dione  
1-androstenediol (3[beta],17[beta]-dihydroxy-5[alpha]-androst-1-ene)  
1-androstenediol (3[alpha],17[beta]-dihydroxy-5[alpha]-androst-1-ene)  
4-androstenediol (3[beta],17[beta]-dihydroxy-androst-4-ene)  
5-androstenediol (3[beta],17[beta]-dihydroxy-androst-5-ene)  
1-androstenedione ([5[alpha]]-androst-1-en-3,17-dione)  
4-androstenedione (androst-4-en-3,17-dione)  
5-androstenedione (androst-5-en-3,17-dione)  
bolasterone (7[alpha],17[alpha]-dimethyl-17[beta]-hydroxyandrost-4-en-3-one)  
boldenone (17[beta]-hydroxyandrost-1,4,-diene-3-one)  
calusterone (7[beta],17[alpha]-dimethyl-17[beta]-hydroxyandrost-4-en-3-one)  
clostebol (4-chloro-17[beta]-hydroxyandrost-4-en-3-one)  
dehydrochloromethyltestosterone (4-chloro-17[beta]-hydroxy-17[alpha]-methyl-androst-1,4-dien-3-one)  
[Delta]1-dihydrotestosterone (a.k.a. '1-testosterone') (17[beta]-hydroxy-5[alpha]-androst-1-en-3-one)  
4-dihydrotestosterone (17[beta]-hydroxy-androstan-3-one)  
drostanolone (17[beta]-hydroxy-2[alpha]-methyl-5[alpha]-androstan-3-one)  
ethylestrenol (17[alpha]-ethyl-17[beta]-hydroxyestr-4-ene)  
fluoxymesterone (9-fluoro-17[alpha]-methyl-11[beta],17[beta]-dihydroxyandrost-4-en-3-one)  
formebolone (2-formyl-17[alpha]-methyl-11[alpha],17[beta]-dihydroxyandrost-1,4-dien-3-one)  
furazabol (17[alpha]-methyl-17[beta]-hydroxyandrostano[2,3-c]-furazan)  
13[beta]-ethyl-17[alpha]-hydroxygon-4-en-3-one  
4-hydroxytestosterone (4,17[beta]-dihydroxy-androst-4-en-3-one)

# Anabolic Steroids are a Class III Controlled Substance!

The term anabolic steroid means any drug or hormonal substance, chemically and pharmacologically related to testosterone (other than estrogens, progestins, corticosteroids, and dehydroepiandrosterone), and includes:

4-hydroxy-19-nortestosterone (4,17[beta]-dihydroxy-estr-4-en-3-one)  
mestanolone (17[alpha]-methyl-17[beta]-hydroxy-5-androstan-3-one)  
mesterolone (1[alpha]-methyl-17[beta]-hydroxy-[5[alpha]]-androstan-3-one)  
methandienone (17[alpha]-methyl-17[beta]-hydroxyandrost-1,4-dien-3-one)  
methandriol (17[alpha]-methyl-3[beta],17[beta]-dihydroxyandrost-5-ene)  
methenolone (1-methyl-17[beta]-hydroxy-5[alpha]-androst-1-en-3-one)  
17[alpha]-methyl-3[beta], 17[beta]-dihydroxy-5a-androstane  
17[alpha]-methyl-3[alpha],17[beta]-dihydroxy-5a-androstane  
17[alpha]-methyl-3[beta],17[beta]-dihydroxyandrost-4-ene  
17[alpha]-methyl-4-hydroxynandrolone (17[alpha]-methyl-4-hydroxy-17[beta]-hydroxyestr-4-en-3-one)  
methyldienolone (17[alpha]-methyl-17[beta]-hydroxyestra-4,9(10)-dien-3-one)  
methyltrienolone (17[alpha]-methyl-17[beta]-hydroxyestra-4,9,11-trien-3-one)  
methyltestosterone (17[alpha]-methyl-17[beta]-hydroxyandrost-4-en-3-one)  
mibolerone (7[alpha],17[alpha]-dimethyl-17[beta]-hydroxyestr-4-en-3-one)  
17[alpha]-methyl-[Delta]1-dihydrotestosterone (17[beta]-hydroxy-17[alpha]-methyl-5[alpha]-androst-1-en-3-one) (a.k.a. '17-[alpha]-methyl-1-testosterone')  
nandrolone (17[beta]-hydroxyestr-4-en-3-one)  
19-nor-4-androstenediol (3[beta], 17[beta]-dihydroxyestr-4-ene)  
19-nor-4-androstenediol (3[alpha], 17[beta]-dihydroxyestr-4-ene)  
19-nor-5-androstenediol (3[beta], 17[beta]-dihydroxyestr-5-ene)  
19-nor-5-androstenediol (3[alpha], 17[beta]-dihydroxyestr-5-ene)  
19-nor-4-androstenedione (estr-4-en-3,17-dione)  
19-nor-5-androstenedione (estr-5-en-3,17-dione)  
norbolethone (13[beta], 17[alpha]-diethyl-17[beta]-hydroxygon-4-en-3-one)

# Anabolic Steroids are a Class III Controlled Substance!

The term anabolic steroid means any drug or hormonal substance, chemically and pharmacologically related to testosterone (other than estrogens, progestins, corticosteroids, and dehydroepiandrosterone), and includes:

norclostebol (4-chloro-17[beta]-hydroxyestr-4-en-3-one)  
norethandrolone (17[alpha]-ethyl-17[beta]-hydroxyestr-4-en-3-one)  
normethandrolone (17[alpha]-methyl-17[beta]-hydroxyestr-4-en-3-one)  
oxandrolone (17[alpha]-methyl-17[beta]-hydroxy-2-oxa-[5[alpha]]-androstan-3-one)  
oxymesterone (17[alpha]-methyl-4,17[beta]-dihydroxyandrost-4-en-3-one)  
oxymetholone (17[alpha]-methyl-2-hydroxymethylene-17[beta]-hydroxy-[5[alpha]]-androstan-3-one)  
stanozolol (17[alpha]-methyl-17[beta]-hydroxy-[5[alpha]]-androst-2-eno[3,2-c]-pyrazole)  
stenbolone (17[beta]-hydroxy-2-methyl-[5[alpha]]-androst-1-en-3-one)  
testolactone (13-hydroxy-3-oxo-13,17-secoandrosta-1,4-dien-17-oic acid lactone)  
testosterone (17[beta]-hydroxyandrost-4-en-3-one)  
tetrahydrogestrinone (13[beta], 17[alpha]-diethyl-17[beta]-hydroxygon-4,9,11-trien-3-one)  
trenbolone (17[beta]-hydroxyestr-4,9,11-trien-3-one)

## **Added DEC 2009:**

boldione (androsta-1,4-diene-3,17-dione)  
desoxymethyltestosterone (17[alpha]-methyl-5[alpha]-androst-2-en-17[beta]-ol) (a.k.a., madol)  
19-nor-4,9(10)-androstadienedione (estra-4,9(10)-diene-3,17-dione)



# Legal Actions for Possession, Distribution and Use of Illegal Substances (Steroids)

Anabolic Steroids are considered a Schedule III Controlled Substance pursuant to the Controlled Substance Act of 2004

- Possession or Use of Schedule III Substances  
MAX Punishment under UCMJ (court martial): 5 years in prison, Reduction to E-1, Total Forfeiture, Dishonorable Discharge
- Possession with Intent to Distribute or Actual Distribution of Schedule III Substances  
MAX Punishment under UCMJ (court martial): 5 years in prison, Reduction to E-1, Total Forfeiture, Dishonorable Discharge
- Additionally, Commanders of Soldiers who posses, use or distribute illegal drugs (e.g., steroids) must, by regulation, initiate administrative separation proceedings against the Soldier.